



# SPEAK OUT

Everyone has the right to be treated fairly and with respect. If you feel that you are not being dealt with fairly, are being bullied or harassed, or if you notice unfair treatment of others, speak to your chain of command or your Equality and Diversity Advisor.

If you're not content with how you are being treated, tell us about it.  
Speak to the Army's **NEW** Bullying Harassment and Discrimination Team on  
**01264 381 922** (civilian) or **94391 7922** (military)  
Your call will be dealt with in confidence